

## **Resources for TFMR (DMV)**

### **In Person Groups:**

Rachel Freedman, PhD runs a group for people that have terminated wanted pregnancies as well as a group for people that are pregnant after a TFMR.

[www.drrachelfreedman.com](http://www.drrachelfreedman.com)

Julie Bindeman, PsyD runs a 2/3rd trimester loss group, that is open for those that have TFMR, but not exclusively for this population. [www.GreaterWashingtonTherapy.com](http://www.GreaterWashingtonTherapy.com)

### **Online Groups:**

[www.EndingAWantedPregnancy.com](http://www.EndingAWantedPregnancy.com)

[www.AHeartbreakingChoice.com](http://www.AHeartbreakingChoice.com)

[https://community.babycenter.com/groups/a6325/termination\\_for\\_medical\\_reasons](https://community.babycenter.com/groups/a6325/termination_for_medical_reasons)

### **Books (stories):**

#### **Precious Lives, Painful Choices**

<https://www.amazon.com/Precious-Lives-Painful-Choices-Decision-Making/dp/0960945695>

#### **A Time To Decide, A Time to Heal**

<http://pineapplepress.org/a-time-to-decide-a-time-to-heal/>

#### **Our Heartbreaking Choices: Forty-Six Women Share Their Stories of Interrupting a Much-Wanted Pregnancy**

[https://www.amazon.com/Our-Heartbreaking-Choices-Interrupting-Much-Wanted/dp/0595530478/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1484180942&sr=1-1&keywords=our+heartbreaking+choices](https://www.amazon.com/Our-Heartbreaking-Choices-Interrupting-Much-Wanted/dp/0595530478/ref=sr_1_1?s=books&ie=UTF8&qid=1484180942&sr=1-1&keywords=our+heartbreaking+choices)

#### **Prenatal Diagnosis: The Human Side**

[https://www.amazon.com/Prenatal-Diagnosis-human-Lenore-Abramsky-ebook/dp/B01JJUEFSA/ref=sr\\_1\\_fknull\\_1?keywords=Prenatal+Diagnosis%3A+the+human+side&qid=1552573950&s=gateway&sr=8-1-fknull](https://www.amazon.com/Prenatal-Diagnosis-human-Lenore-Abramsky-ebook/dp/B01JJUEFSA/ref=sr_1_fknull_1?keywords=Prenatal+Diagnosis%3A+the+human+side&qid=1552573950&s=gateway&sr=8-1-fknull)

#### **The Prenatal Bombshell: Help and Hope When Continuing or Ending a Precious Pregnancy After an Abnormal Diagnosis**

[https://www.amazon.com/Prenatal-Bombshell-Continuing-Pregnancy-Diagnosis/dp/1442239425/ref=sr\\_1\\_9?keywords=Prenatal+Diagnosis&qid=1552573985&s=gateway&sr=8-9](https://www.amazon.com/Prenatal-Bombshell-Continuing-Pregnancy-Diagnosis/dp/1442239425/ref=sr_1_9?keywords=Prenatal+Diagnosis&qid=1552573985&s=gateway&sr=8-9)

## **Book for Clinicians:**

### **Prenatal and Preimplantation Diagnosis: The Burden of Choice Edited by Joann Paley Galst and Marion Verp**

[https://www.amazon.com/Prenatal-Preimplantation-Diagnosis-Burden-Choice/dp/3319189107/ref=sr\\_1\\_5?keywords=Burden+of+Choice&qid=1552574068&s=gateway&sr=8-5](https://www.amazon.com/Prenatal-Preimplantation-Diagnosis-Burden-Choice/dp/3319189107/ref=sr_1_5?keywords=Burden+of+Choice&qid=1552574068&s=gateway&sr=8-5)

## **Physicians:**

Dr. Lee Carhart (Bethesda) <http://abortionclinics.org/>

Washington Hospital Center

Dr. Roxanne Jamshidi, GW MFA, offices in DC and Bethesda

George Washington University Hospital

Dr. David Downing INOVA Fairfax

University of Maryland Hospital

Johns Hopkins University Hospital

## **Genetic Counseling:**

University of Maryland--Amanda Higgs, MS

Sarah Hash, MS ([www.mfmofmd.com](http://www.mfmofmd.com))

Mary Sands, MS, CGC, CLSp(CG) at Genetics & IVF, <https://www.givf.com/geneticservices/>

Val Kantor, MGC, CGC

<https://www.hopkinsmedicine.org/sibley-memorial-hospital/patient-care/specialty/maternity-services/maternal-fetal/services.html>

## **Maternal Fetal Medicine Specialists:**

Dr. Wayne Kramer <https://www.mednax.com/practice/maryland-perinatal-associates-pc/>

Dr. Sheri Hamersley [www.mfmofmd.com](http://www.mfmofmd.com)

Dr. Michael Gallagher <https://www.gwdocs.com/find-a-doctor/michael-gallagher-md/>

Dr. Pam Matia <http://tlcperinatal.com/>

Dr. Thomas Pinkert <https://www.gwmfm.com/>

Dr. Julia Timofeev

<https://www.hopkinsmedicine.org/sibley-memorial-hospital/patient-care/specialty/maternity-services/maternal-fetal/staff.html>

Dr. Rita Driggers

<https://www.hopkinsmedicine.org/sibley-memorial-hospital/patient-care/specialty/maternity-services/maternal-fetal/staff.html>